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Bangalore Mirror

TEMP Max 24 | Min 16 | Humidity 46% Generally cloudy sky Sensex 62,410 | Nifty 18,560 | Gold 53,830 | Silver 65,638 | Dollar 82.34 | Euro 86.65 | GBP 100.29

Over 100 CCTV cameras installed at an estimated cost of Rs 3.4 crore now defunct along Bellandur and Varthur lakes

LAKE BLINDNESS

Civic body paying Rs 4 lakh each for CCTV maintenance at Bellandur, Varthur lakes

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Bellandur and Varthur lakes have been in the limelight for all wrong reasons in recent years. For instance, the Bruhat Bengaluru Mahanagara Palike (BBMP) spent Rs 3.4 crore for installing 54 CCTV cameras at Bellandur Lake — to keep a vigil on encroachments and dumping of all types of waste at the waterbody. However, none of the cameras are functioning now as this correspondent found out.

Bangalore Mirror had reported in its story – The Bellandur Blindings – dated November 13, 2020, how majority of the CCTV cameras were not functioning back then, which was making it difficult for BBMP marshals to keep vigil at Bellandur Lake spread over 900 acres.

It seemed as though the agency assigned for

CONTINUED ON PAGE 8 »

PAGE 3

SPIDEY AND HIS AMAZING FRIENDS

Dehydrated Indian Ornamental Tarantula rescued

SCAN TO EXPLORE THE SEASON'S COLLECTION
The day you choose not to hide.
The day you don't feel the need to apologise.
The day you begin a love story with yourself.
That day is today. And every day.
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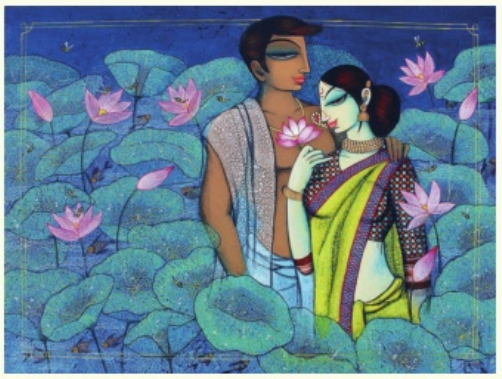
3 THINGS TO DO

01 Paintings for thought

Blr Creative Circus presents an exhibition of paintings by Namita Kulkarni. This series was made as a result of a grant from ICAAD (International Centre for Advocates Against Discrimination), a human rights advocacy centre in New York. The idea is to make explicit the link between colonialism and the climate crisis. Often framed as simply a matter of reducing carbon emissions, the climate crisis is a result of colonialism, both historical and ongoing.
Where: Bangalore Creative Circus
When: Till December 15, (Mondays closed), 11:00 am to 7 PM; Info: 9920944966



02 Colours of Deccan

A first group exhibition showcasing best works of 22 prominent contemporary artists from Maharashtra will be held from in the city. This is exhibition called 'Colours of Deccan', organised by Pune-based Art Pune Foundation. The paintings displayed in the exhibition will be in acrylic colours, oil colours and water colours as well. **Where: Karnataka Chitrakala Parishath**
When: Dec 8 - Dec 13

03 Art, in retrospect

Bengaluru's gallery g showcases 'Revelation & Reverences: Glimpses of Indian Art 1850 - 1950'. This three-month-long exhibition will have on display a collection of rare oil paintings, water colours, chromolithographs, litho stones, terracotta dolls and other rare artefacts. The exhibition charts the evolution of India's art history from the mid-19th century to Independent India. **Where: gallery g, Lavelle Road**
When: December 9 onwards

What ails them? Mental health, poor lifestyle

Recent survey says that those in the age group of 15-29 are suffering from various mental health problems, poor eating habits, obesity, hypertension

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A recent survey carried out by a Bengaluru-based institute has revealed that despite being physically active, those in the 15-29 age group are suffering from mental health problems, poor eating habits and obesity.

The survey was carried out among 100 youngsters and the results by Jindal Naturecure Institute shows that over 39 per cent of the age group suffered from various mental health issues like anxiety, eating disorders or depression.

This apart, 38 per cent of the age group indulged in junk and fast food at least twice a week. And 18.4 per cent of the participants suffered from health issues like obesity, hypertension, and thyroid disease.

On the brighter side, most of the Gen Z group showed willingness to perform physical activities every day of the week. Over 90 per cent of the group participated in physical activities every day.

A review of studies on fast food and heart health found that consuming fast food more than once every week was linked to a higher risk of obesity while eating fast food more than twice a week was associated with a higher risk of Type 2 diabetes, metabolic syndrome and death from coronary heart disease.

Pressure in studies and work, stress in relationships are factors that contribute to mental health issues among youth

Dr Babina NM, Chief Medical Officer, Jindal Naturecure Institute, said, "A highly connected world and constant pressure to perform, stress at work and in relationships are some main causes of increased anxiety, stress, and depression among the Gen Z population. People living with mental illness are at higher risk of experiencing a wide range of chronic physical conditions. Mental health disorders can alter hormonal balances and sleep cycles, while many psychiatric medications have side effects ranging from weight gain to irregular heart rhythms.

"They may adopt unhealthy eating and sleeping habits, smoke, or abuse substances, as a consequence or response to their symptoms, contributing to worse health outcomes."

Eighty-five per cent of the participants believed that yoga, meditation and naturopathy can help improve their overall health

She added that what we eat and drink every day affects our health and well-being, both physically and mentally. Good nutrition, along with regular exercise can help maintain a healthy weight while reducing the risk of chronic diseases. However, consuming regular amounts of fast and junk food can impact the quality of health and will have negative effects on the body.

Another interesting facet of the survey was that almost 85 of the participants believe that alternative therapies like yoga, meditation and naturopathy can help improve their overall health.

As these young adults work to develop their resilience, it is important for Gen Z to seek out a holistic approach to health through yoga, meditation, and other alternative therapies to take care of their physical, emotional and mental health. Not only can these alternative therapies enhance physical health but also address a range of mental health issues starting from anxiety to depression to eating disorders, she added.

Kids feeling sick? Just keep them at home

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The Bruhat Bengaluru Mahanagara Palike's (BBMP) Health Department has issued an advisory to parents to not send kids if they are unwell.

BBMP's Special Commissioner (Health) KV Thrilokchandra said, "If any kid is suffering from any respiratory infection, it is advised to not send them to school until they recover.

The parents should focus on providing immediate treatment to kids so that it will ensure that the cases don't turn serious, and this will also stop the spread of the infection. I urge parents to keep the child at home till she/he recovers."

Doctors also are sounding the alarm bells for kids suffering from various seasonal infections.

Dr Rajath Athreya (Senior Consultant and HOD, Paediatrics and Neonatology, Sakra World Hospital) said that with the change in weather (especially when the temperature dips) there is a new wave of viral infections. "It is not unusual to see schoolchildren repeatedly falling unwell with coughs and colds. As long as the fever goes away within a few days and they start looking better, there is nothing to worry about."

Citing a recent case, Dr Sushanth Shivaswamy (Senior Consultant – Neonatology and Paediatrics at Kinder Women's Hospital and Fertility Centre) said that recently, a four-year-old boy was brought to the OPD with complaints of repeated episodes of cold and cough with fever for the past six months. He had a constant cough which typically worsened at night and after playing. He also had two ear infections. He has had frequent spells when he had to skip school due to his illness. On evaluating the boy, he was found to have allergic rhinitis, and an Adenoid Hypertrophy.

Doctors say children with known allergies and asthma may have a trigger in winter due to frequent viral infections as well.

Dr Srikanta J T (Consultant - Paediatric Interventional Pulmonology, Aster CMI Hospital) said, "We are seeing a significant number of children with allergies coming to us this season. There are multiple reasons. The most common being cold weather. Secondly, allergens like moulds and house dust mite can be factors. Construction and vehicular pollution, suspended in the fog, is the worse and can lead to persistent allergies."

Spidey and his amazing friends

Animal rescue volunteers, vets save dehydrated Indian Ornamental Tarantula that had strayed out from the forest

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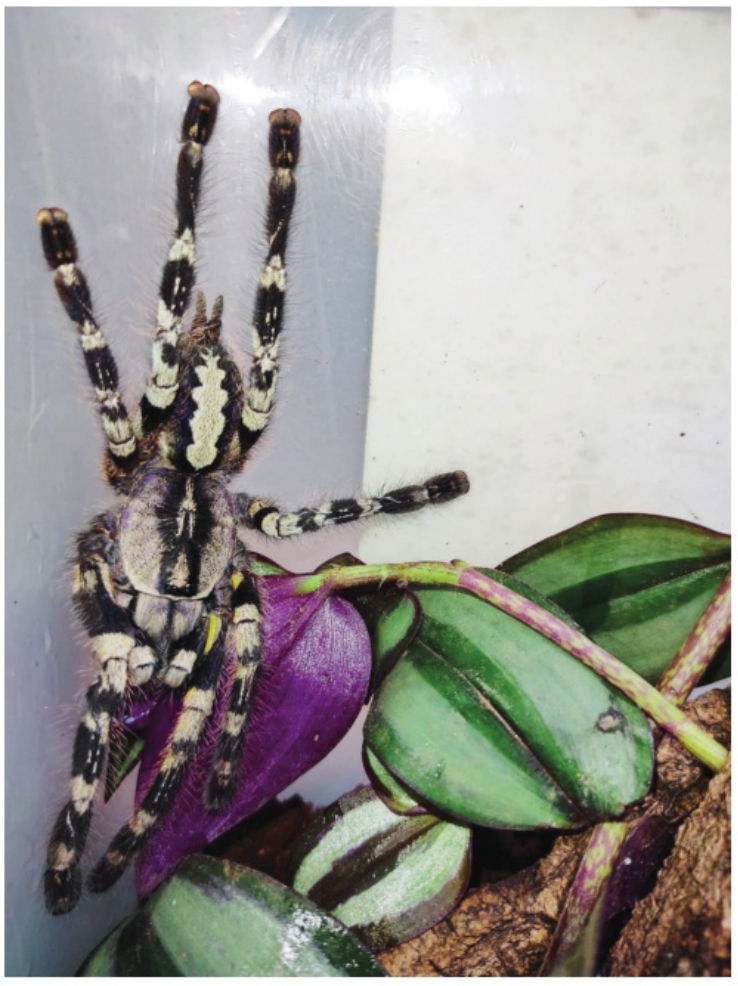

When an Indian Ornamental Tarantula landed in a spot of trouble due to starvation and dehydration, veterinarians at PFA wildlife Hospital came to its rescue. The rare species of the spider was rescued a month ago from near a bus stand close to the Savandurga forest area. The tarantula was rehabilitated into its natural habitat on Wednesday.

This Tarantula was spotted by one of the animal rescue volunteers, away from the forest area, near a bus stand. The rescuer found that the spider was on the ground and not moving. He, out of concern, contacted PFA and told the veterinarians about the condition. The spider was then brought to the wildlife rescue and conservation center for treatment.

"The tarantula was brought in by a volunteer. We noticed that it was very weak and starved. Normally, Indian ornamental tarantulas are very aggressive and fast, but this individual was not moving and was very weak. However, it has been with us for over four weeks now and is completely fit to be released to the wild," said Dr Madhav, veterinarian, PFA.

Experts say the abdomen of spiders directly indicates the health and starvation status of the tarantulas. It should be only slightly smaller than the cephalothorax which is the front part of the body where the legs arise.

"The stomach of this particular tarantula was shrunken, indicating starvation. We moved it into a small temporary enclosure with mud as a substrate. Water was added to maintain humidity and a small water bowl was used to keep water. The enclosure was kept in a dark and quiet place with slightly high temperature," informed Colonel (Dr) Nawaz Shariff, chief veterinarian, PFA wildlife hospital.

After some time, the tarantula was seen near the water bowl. The veterinarians immediately added a worm to the enclosure to see if the spider eats the worm.

"Tarantulas are known to eat only about once a week. As they are ambush hunters, they hide in a spot and wait for the prey to come near and pounce on them and envenomate and then eat them, so keeping a starved tarantula in bigger enclosures would have made it difficult for the spider to hunt and eat. will only make it difficult for it to hunt," said Dr Shariff.

The spider was then shifted to a bigger enclosure with proper enrichment mimicking its natural environment, which further encouraged its natural instincts with properly maintained temperature and humidity.

"We fed it various insects such as cockroaches and super worms. The tarantula was with us for four weeks and was completely fit to be released into the wild on Wednesday. We successfully released it inside the Savandurga forest area," informed Colonel (Dr) Shariff.

"The stomach of this particular tarantula was shrunken, indicating starvation. We moved it into a small temporary enclosure with mud as a substrate. Water was added to maintain humidity and a small bowl was used to keep water. The enclosure was in a dark place

Removal from service no ground for sexual harassment case: HC

In a major decision, the Karnataka High Court has ruled that termination of service was not the ground to file a sexual harassment case. Quashing the complaint, the court ordered an investigation in the case filed in this regard.

The bench headed by Justice K. Natarajan gave the order recently (November 4) in which it was stated that "merely the officer, in-charge of the post office removed the employee from the service, that itself can't be a ground for filing a complaint and dragging them to court on the allegation of sexual assault on the victim."

The complainant woman, a temporary Group-D employee had lodged a complaint with Basavanagudi police station in Bengaluru on May 16, 2018 alleging sexual harassment.

The complaint was filed against postmasters Radhakrishna and Hanumantaiah. She maintained in her complaint that her mother was a contract worker at the post office.

When she fell sick, the complainant went to the post office. She worked under Radhakrishna for ten years and later Hanumantaiah became the postmaster. The complaint alleged that Hanumantaiah insulted and threatened to terminate her. The complainant maintained that "unable to take the torture, she attempted to commit suicide. Later, Hanumantaiah expressed his sexual desires, which were turned down. Radhakrishna took me in his car to a park and attempted to harass me sexually and I was rescued by strangers." The police had filed a charge sheet against both accused postmasters. The case is in the inquiry stage at the 37th ACMM court. The accused had filed a petition before the High Court seeking quashing of proceedings against them. The court stated that the prosecution has failed to provide any evidence to prove charges. — IANS

Fingerprint device helps nab man absconding for 5 years

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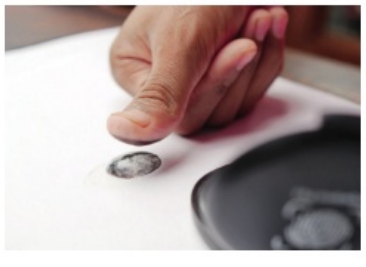

Thanks to a fingerprint verification device, a murder accused, who was absconding for five years was nabbed recently.

Recently, all police stations have been issued a small finger print device for verification through Mobile Crime and Criminal Tracking Network System (m-CCTNS). The system allows for a person's past crime record to be tracked with their fingerprint.

Ravikumar ASI of Rajagopalnagar Police Station and his staff were on night patrol, when they saw a man roaming around in a 'suspicious' manner.

"He was interrogated and his finger print was checked. Then it was found that he was a wanted criminal. In this case, the accused was in jail after being arrested, came out on bail and did not attend the trial of the court since 2017, and has been hiding for about five years. The officers of the police station have taken him into custody," said the police.

2 die in accident

Two persons died in an accident in Kamakshipalya traffic police station limits on Wednesday.

According to the police, the accident occured at ORR Road near Durga Shri Grand Hotel where a bike collided with a lorry, leading to the death of the rider and the pillion rider.

The two victims have been identified as Hamid, 24 and Shameemul, 25.

"Both were injured and were admitted to Victoria Hospital for treatment and they died in the hospital. A case will be registered and investigation will be conducted in this regard," said the police.

The police got the information about the accident from the hospital at 4:30 am.

The driver of the lorry has escaped and a search is on for him, said the police.

Revenge on his mind

A techie who was taken into custody linked to the Kannada flag burning case in HSR Layout, has said that he did it to seek revenge.

During the interrogation of the accused, Amritesh, revealed that he was frustrated with Bengaluru police. Amritesh hails from Uttar Pradesh and works for a popular tech firm in the city.

"During the lockdown of 2020, I wanted to leave the city. But at this time, a lockdown was imposed in Bengaluru. The police did not allow me to leave during the lockdown. And they hit me. So, I wanted to seek revenge and make sure that the official who hit me got suspended," confessed Amritesh.

Caught in 20 minutes

The Central Crime Branch police have nabbed a rowdy sheeter in 20 minutes after he robbed a family.

The accused has been identified as Mansoor Dan. The rowdy was wanted by the CCB officials and some other police stations across the city.

On December 5, the accused along with his gang robbed a family after stopping them in the middle of the road. The incident took place at the 13th Cross of Kanaka Nagar.

"The gang fled the spot after taking the mobile phone, money and the car key. Later they were standing near Horamavu bridge and drinking alcohol, and were arrested within 20 minutes of the incident by a team led by Inspector Prakash," said the police.

No more waiting games

Signal free corridor on West of Chord Road that connects Tumakuru Road with Mysuru Road may finally be completed by next month, according to BBMP Chief Engineer

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The much-delayed signal free corridor on West of Chord Road that connects Tumakuru Road with Mysuru Road is set to become reality in a month. The Bruhat Bengaluru Mahanagara Palike (BBMP) has directed the contractor to work around the clock to complete the pending work.

The construction of a ramp is in progress at Basaveshwara Nagar Junction. The decks were reportedly cleared for its construction during the recent visit by Housing Minister V Somanna.

"We have to thank the minister for helping BBMP to go ahead with the construction of the ramp. We are confident of completing the pending work within a month," said BBMP Chief Engineer (Projects) Vinayak Sugur.

Construction of the 2.9-km-long corridor began in 2017 at an estimated cost of around Rs 120 crore and was supposed to be completed by August 2019. However, it remained incomplete after skipping four deadlines.

According to the BBMP Assistant Executive Engineer (AEE), the construction of crash barriers and asphalting in some stretches of the corridor are pending.

"We have to construct crash barriers on both sides (80-m-long crash barrier on left side, 60-m-long crash barrier on the right side) at Basaveshwara Nagar Junction. We are working against the clock. We are confident of completing the work by the end of this month or by the first week of January 2023," the AEE said.

The corridor consists of two grade separators and five flyovers. The construction of two grade separators at Magadi Road Toll Gate and near Navarang Theater has been completed. The construction of flyovers at Sivanagar Junction, Manjunatha Nagar Junction, Rajajinagar 1st Block Junction, and Mahalakshmi Layout Junction has also been completed. Work on flyovers at Basaveshwara Nagar Junction and 72nd Cross Road Junction is still in progress. If this is completed, the entire stretch between Hosahalli to Mahalakshmi Layout Junction will become signal free. Motorists are expected to reach from one end of this stretch to the other within 10 to 15 minutes.

The flyover near Basaveshwara Nagar Junction; construction of the 2.9-km-long corridor began in 2017

> **We have to construct crash barriers on both sides (80-m-long on left side, 60-m-long on right) at Basaveshwara Nagar Junction. We are working against the clock**
> –BBMP AEE

Motorists and auto rickshaw drivers want the Palike to complete the pending work as early as possible to make their commute easier.

"It is quite disappointing to see that the work at Basaveshwara Nagar Junction and 72nd Cross Road Junction is progressing at a snail's pace. It has become a habit for BBMP engineers to set a new deadline for the contractor to complete the work. I hope the signal free corridor will become free from all types of hurdles," said Raghavendra N, a motorist.

Echoing his views, Ashok K, an auto rickshaw driver, expressed frustration about the work remaining pending for quite a long time. "It will be a great relief for us if the signal free corridor is open for traffic," he said.

Bengaluru-Sathyamangalam line plan off track

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Talks of a new railway line connecting Bengaluru with Sathyamangalam have been in the air for decades. However, the Centre recently announced that the project has been shelved and only the stretch between Bengaluru and Chamarajanagar will be taken up.

Union Minister of Railways Ashwini Vaishnaw said that the Bengaluru-Chamarajanagar railway line will take off from the existing Bengaluru-Mysuru line (from Hejjala). A new line will be drawn connecting Hejjala, Kanakapura, and Chamarajanagar.

The Bengaluru–Sathyamangalam new railway line was sanctioned in 1997-98, he said, adding that since reserved forest land was falling on the proposed alignment, the plan for a line between Chamrajanagar to Sathyamangalam was halted. The project has been restricted to a Bengaluru and Chamarajanagar line that will be 142-km-long.

"The Government of Karnataka is providing land free of cost and sharing 50 per cent construction cost of the project. Land proposals were submitted to the Government of Karnataka in 2016. Completion of any railway project depends upon various factors like deposition of cost share by cost sharing authority in cost sharing project(s), quick land acquisition by state government, clearance by officials of forest department, shifting of infringing utilities, statutory clearances from various authorities, geological and topographical conditions of area, law and order situation at the site, number of working months in a year for particular project site due to climatic conditions, and more. All these factors affect completion time," said Vaishnaw.

He further said that the Tamil Nadu Government and the Central Empowered Committee (CEC) did not give permission to carry out surveys in the Sathyamangalam forest in 2013-14. This is why the project has been taken up between Hejjala and Chamarajanagar via Kanakapura, Malavalli, Kollegal, and Yelandur.

"Land acquisition proposals for 1,723.15 acre of private land (for 135 km length have been submitted to district authorities," he added.

No clarity on senior citizen quota

There is still no clarity as to when the Centre will allocate a senior citizen quota in trains. The railway minister on Wednesday said the standing committee has advised to review and consider concessions to senior citizens in sleeper class and 3AC at the least. The government gave subsidies of Rs 59,837 crore on passenger tickets in 2019-20 – which is still being continued. This amounts to a concession of 53 per cent on an average to every person travelling via railways.

No new trains to Coimbatore/ Kalburagi

The railway minister has ruled out introducing new trains from Bengaluru to Kalburagi for now. He also said that there is no immediate proposal for an overnight train from Coimbatore to Bengaluru.

"Currently, three train services are providing overnight connectivity between Coimbatore and Bengaluru," he said.

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Residents troubled
Tambuchetty Road

Vehicles are parked on both sides of the road causing inconvenience to residents in Tambuchetty Road.

Bad footpaths
D'Souza Road

The footpaths in Ward 181, D'Souza Road are in a very poor state.

Maintenance needed
Jayanagar

The e-toilet has been non-functional for six years in Jayanagar 5th Block near Shalini Grounds.

School in trouble over illegal access to park

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The Bruhat Bengaluru Mahanagara Palike (BBMP) has issued a notice to a private school in Dollar's Colony for illegally breaking open an entry into a public park adjacent to the school campus. According to the officials, the school management has been served with a notice for unauthorised access and destruction of public property.

"We issued the first notice to the management for damaging BBMP's property and simultaneously planning to register a police complaint. The school management has cut open the ornamental grills of the park to create a direct passage from their campus. However, no permission was granted by the BBMP. We are contemplating imposing a fine as well," said a BBMP official.

The issue was brought to Palike's notice by the regulars at the park. The park located on the fifth cross road of Dollars colony was built by BBMP and is maintained by the Horticulture Department.

According to the locals, the park abuts the school campus, and the school management has been trying to create private access for some time.

"They made the first attempt in July. However, the park users and locals objected to it. After that, the management reached out to the area MLA and obtained a letter of authorisation from the MLA's office to create a private entry on December 2. Neither BBMP's consent, nor RWA approval was taken and thus we raised the alarm," said Rajagopalan R, a resident of the area.

Locals are miffed with the letter.

Residents say the park is meant for all citizens and cannot be used by an educational institution

They say such action of an elected representative without due process is of grave concern to the residents.

"No politician can grant such access. They violated many rules. They have demolished a recently done wall and metal grill," said another resident of the area.

Locals say the major concern is the safety of the children. Moreover, the park is meant for citizens and cannot be used by an educational institution that has no playground of its own.

"The parents send their children to a school assuming their kids will be inside the school campus. No one will be able to monitor the kids once inside a public park. None of the parents will be happy about such an arrangement," said Venkatramaiah, another resident of the area.

The park has a walking track along with a well-groomed garden. The residents have reached out to the zonal commissioner of BBMP and have demanded that a police complaint be registered against the school management.

"This is the destruction of public property," added Rajagopalan.

Renting home in Sarjapur? Warning: It's the costliest

As per latest report on rental accommodations in the city, Sarjapur Road has most expensive rents quoted while Thanisandra Main Road saw maximum increase in rental homes

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B'luru continues to witness a steady rise in demand for rentals as professionals keep flocking to the city

As per a report on Bengaluru's rental market, rented homes on Sarjapur Road command the highest rent while Thanisandra Main Road has seen the highest increase in terms of growth of rental homes.

According to Anarock report on Bengaluru rental market (Q3-2022), the average quoted rent (among key micro markets) in Electronics City was between Rs 14,000 to Rs 22,500, Whitefield-Rs 17,000 to Rs 26,500, Sarjapur Road at Rs 17,500 to Rs 30,500, Thanisandra Main Road (Rs 18,000 to Rs 26,000) and Mysuru Road (Rs 13,500 to Rs 20,000).

Divyashree S, a techie said, " Earlier, we had vacated our house to move to our hometown. However, now when we are planning to come back, the house owner is demanding an increase in 15 to 25 per cent of rent. It is a similar story with my friends living in IT corridors too."

Areas like Mysuru Road, Sarjapur Road and Whitefield have seen a five per cent growth in rentals, while it was the highest at Thanisandra Main Road at 9 per cent.

"The rent market has certainly improved post-pandemic. Earlier, we used to see a lot of to-let boards. Though the to-let boards continue to be there at a few places, people have started to move back to their homes as return to work has started. Many who had earlier left the city have returned and the demand for rentals has gone up," said Sandesh S, a resident of Sarjapur road.

THE GREAT B'LURU HOUSE HUNT

Amarendra Sahu (Founder & CEO, NestAway Technologies) said the demand for rental housing will continue to stay higher than owning a home in the coming quarter of 2023.

"In 2023, it's expected that rent growth would outperform home sales growth. Although owning a home may be a lifelong ambition for many Indians, it is not suitable for everyone. It continues to be one of the few investment options that is backed by a tangible asset, is simple to trade, and delivers both tangible (rental income) and intangible (interest) income (price appreciation). Renting has benefits as well, even though it might not be ideal," he said.

He said that due to the growing job opportunities in metro cities like Bengaluru, there has been a lot of influx of residents who are either returning post pandemic or young professionals/students looking for a rental accommodation. New office hubs and educational institutes are creating lucrative income opportunities for homeowners in lieu of renting them.

The Anarock report also said that housing sales in Bengaluru have jumped up by 10 per cent in Q3 2022 compared to the previous quarter Q2 2022. Nearly 12,700 housing units were sold in Q3 2022, registering a 10 per cent rise in the sales numbers on a quarterly basis.

> **Many who had earlier left the city have returned and the demand for rentals has gone up**
> — Sandesh S, resident of Sarjapur

"East Bengaluru registered approximately 44 per cent of the home sales in Q3 2022, with 0 per cent change compared to Q2 2022. Whilst North Bengaluru (at 26 per cent share) saw a 2 per cent drop in the unit sales in Q3 2022 as compared to Q2 2022, South Bengaluru (at 24 per cent share) showcased the opposite scenario, a 2 per cent rise in the home sales in the current quarter. The housing sales in West Bengaluru remained constant in Q3 2022 compared to Q2 2022, at 5 per cent share of the overall sales of Bengaluru," the report added.

IN BRIEF

Voter ID scam: IAS officers summoned

Two Indian Administrative Services (IAS) officers, suspended in connection with the alleged voter data theft by a private firm, have been summoned, a police officer said on Wednesday.

According to the officer, K Srinivas and S Rangappa were asked to depose before the investigating officer today.

However, they have sought a week's time to appear for questioning, he added.

Srinivas was the deputy commissioner of Bengaluru Urban District, and Rangappa was the Bruhat Bengaluru Mahanagara Palike, who also served as the Additional District Election Officer, when the alleged electoral data theft took place.

They were suspended on November 26 as they were in charge of those constituencies which allegedly saw large-scale election data fraud.

The investigation would also cover Chilume Educational Cultural and Rural Development Institute (Chilume), which is at the centre of controversy. "We will probe whether it is a trust or a firm," the police officer said.

The Chilume Trust had allegedly got permission from the BBMP for voter awareness drive 'free of cost'.

After the matter came to light, the BBMP terminated the permission granted to Chilume Trust. The Chief Electoral Officer of Karnataka, also intervened and an FIR was registered. **PTI**

No bail relief for accused

The bail application of the accused in the voter ID data theft case has been rejected. The bail pleas filed by Chilume employees BV Dharmesh and Renukaprasad and BBMP officers Chandrasekhar, Suhail Ahmed, BV Bhimashankar and S Mahesh were dismissed by Bengaluru's 3rd Additional Chief Magistrate, Judge BC Chandrasekhar. "It is yet not known why the accused tried to collect personal information of people. Hence, they cannot be granted bail as the case is under trial," said the court order. BMB

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I, Megha R/o C304 Vijeta Elysium Hagadur Main Road opp Prestige Ozone Whitefield, Bangalore-560066 have changed my name to Megha Singh

I, Dineshkumar R, S/O Rajanna A , R/o Kodi Palya, Mathighatta post Handanakere Hobli Chikkanayakana halli Tumkur Karnataka-572119 have changed my name to Dinesh Kumar R . Declare that Name of my Father has been wrongly written as Rajanna instead of Rajanna A in my passport. The actual name of my father on passport should be Rajanna A, which may be amended accrodinlgy.

I Buddha Suddir Kumar S/O, Buddha Krishna Mohan R/o FlatNo A3 104,Saranya Soham, SaiBabaTempleRoad, Munnekolala,Marathahalli, Bangalore - 560037 have changed my name to Buddha Suddhir Kumar for all purposes

I, Arathichandra Arunkumar, R/o #314, 3rd floor, Sumukha Kalpavruksha,K.C Halli main road, BG road, Bengaluru 560076 have changed my name to Arathi Chandra Chandrasekharan affidavit Dt.06/12/2022 notary Ganesh Gowda M.V, B'luru

I, Sowmya Munikrishnappa W/o Rama Subba Reddy Chintha, R/o #.92, Svs Homes, 8th Cross, Hunasamaranahalli, B'luru-562157 have changed my name to SOWMYA CHINTHA affidavit Dt.07/12/2022 notary Ganesh Gowda M.V, B'luru

I, Naveen Kumar Perumal R/o #496A, BDA slum, Janakiram Layout, MS Nagar, Lingarajapuram, Bengaluru 560084 have changed my name to Naveen Kumar affidavit Dt.06/12/2022 notary Ganesh Gowda M.V, B'luru

I, Saroja R W/o Rajanna A, R/o Kodi Palya, Mathighatta post, Handanakere Hobli, Chikkanayakana halli Tumkur, Karnataka-572119 have changed my name to Sarojamma R.

I, Anita Kumari R/o C304 Vijeta Elysium Hagadur Main Road,opp Prestige Ozone Whitefield,bangalore-560066 have changed my name to Anita Singh.

I Rafiq Ulla Khan Sabiha Khanum W/O, Syed Umer Farooq R/o No. 81, 1st Main Road, Laljinagar Lakkasandra Bengaluru 560030 have changed my name to Sabiha Khanum

I Jitender S/O, Balbir Singh R/o 11061, Tower 11, Prestige Tranquility, Budigere Cross, Bengaluru,560049 have changed my name to Jitender Dumyan

I, Nathaniel Devdas Rampur S/o Devdas Timothy Rampur R/o 398 Sri Sai Nivas,4th Cross Muninanjappa L/o, Ramamurthy Nagar, Bangalore-16 have changed my name to Nathaniel Rampur for all purposes.

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Matters of the mind for 2,000 patients

122 doctors trained at PHC centre level helped patients with mental health problems in state govt initiative

Iffath Fathima
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Nearly a year after the State Government introduced the Karnataka Brain Health Initiative (KaBHI) in three districts undertaken by the National Institute of Mental Health and Neurosciences (NIMHANS) and Niti Aayog, the hospital has successfully screened and treated over 2,000 patients with mental health issues.

The 122 doctors trained at the Primary Health Care (PHC) centre level helped the patients deal with their mental health problems.

Started in January this year, KaBHI is a first-of-its-kind initiative in the whole country, where residents of three districts: Bengaluru, Chikkaballapur and Kolar, were screened and treated for neurological disorders.

KaBHI was also introduced in the state budget. The goal was to develop an evidence-based public health model for prevention and equitable care for neurological disorders across Health and Wellness Centres, primary, secondary, and tertiary levels of health care.

Using a standardised protocol, over 122 primary healthcare doctors and 15 physicians from the district general hospitals of the three districts were trained by NIMHANS neurology specialists to treat common neurological diseases.

NIMHANS screened and treated the patients who were from Bengaluru, Chikkaballapur and Kolar, for neurological issues

Apart from the doctors, even ASHA workers and community health workers are being trained to identify patients at health and wellness centres and homes, for early identification and treatment.

Dr Suvarna Alladi, Professor and Head of Neurology said, "Over 2,000 patients have been evaluated and treated across all healthcare facilities so far. We are now aiming to develop evidence for an effective model of care that can implemented nationwide. Based on the results from the reports of the 2,000 patients, the module will be prepared and handed over to the State Government. "

To spread awareness about the neurological diseases, the hospital is also carrying out awareness programmes across the districts. Renowned cricketer Robin Uthappa is the brand ambassador of KaBHI and is proactively collaborating to create community awareness on brain health. Awareness is also being raised through radio channels to reach out to the remote areas.

> **"Based on the results from the reports of the 2,000 patients, the module will be prepared and handed over to the State Government**
>
> – Dr Suvarna Alladi, NIMHANS

Dr Alladi further added, "The health and family department has even asked for a proposal to be submitted to initiate Ka-BHI in other districts as well. We are working on it."

A highlight of Ka-BHI is the linkages with existing national health programmes to develop strong intersectoral coordination. The strategy is to integrate services across the spectrum of non-communicable and communicable disorders.

NIMHANS will celebrate the progress that Ka-BHI has been made so far through a list of programmes on December 9 with various professors from the organisation and state government.

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6 months later... Waiting for road

Restoration work going on and on; loose gravel and sand greet commuters at road in Iblur

Shreyashi Mukherjee
c-shreyashi.m@timesgroup.com
TWEETS @BangaloreMirror

The restoration of the road from Agara to Service Road, Iblur has been pending for months now, causing inconvenience to the commuters who are bound to use the stretch.

The commuters complain of the poor road conditions leading to traffic congestion in the area. The restoration was supposed to be done months ago. However, despite several complaints, there has been no change.

"The road was supposed to be restored about six months ago but it has still not happened. We are facing a lot of problems because of this road. It is quite uneven and has a lot of potholes. Some parts of the road also have craters which is quite dangerous for the commuters," said Sashi Kumar, a commuter.

According to Suman Dey, another commuter, the poor roads have greatly contributed to the traffic congestion that takes place every day.

"People cannot go at normal speed as a result of which a long line of vehicles keep waiting on the road and it takes almost 30 to 40 minutes to cross the stretch. The authorities should do something to expedite the work," he said.

As the road is filled with loose gravel, a lot of dust is generated in the stretch. People complain of various health issues due to its current condition.

Riding on this patchy road from Agara to service road, Iblur is an onerous task

"People cannot go at normal speed as a result of which a long line of vehicles keep waiting on the road and it takes almost 30-40 minutes to cross the stretch –Suman Dey, commuter

"For people like me who have a dust allergy, it is quite difficult to cross it. Whenever I cross this road I end up getting a severe headache and sneezing," said Aman Sharma, another commuter.

Sandeep M, another commuter, told Bangalore Mirror that for him crossing the stretch is like crossing some kind of sand mine. "It is filled with sand and craters. There is too much dust in the area. Not only is it causing traffic problems but also a lot of health problems," he said.

Many other commuters have been asking to improve the condition of the road and make it safer for commuting.

"The space in the road is reduced due to the loose stones spread all over. These loose rocks should be removed immediately as it can be very dangerous for the commuters," said Ashish Ranjan, another commuter.

Various commuters have tried complaining several times about the road, still no action has been taken by the authorities.

"We have been complaining about this road for the past few months and still nothing has changed," said Sudhir K, another commuter.

Meanwhile, a Bruhat Bengaluru Mahanagara Palike (BBMP) official told BM that they will try to finish the work as soon as possible.

Stagnant lies the stormwater drain

Saumyangi Yadav
c-saumyangi.yadav
@timesgroup.com
TWEETS @BangaloreMIRROR

Residents of Belathur face numerous problems in their day-to-day lives after a newly constructed storm water drain gets waterlogged in the area.

Bangalore Mirror had earlier reported about the Bruhat Bengalur u Mahanagara Palike (BBMP) Storm Water Drain Department taking up the construction at Belathur 3rd Main Road. According to the residents, the construction was unnecessary and the department should instead have focused on desilting of the existing storm water drains.

Now, the misery of the nearby residents have increased as the storm water drain has started to waterlog.

Navneet Pai, a resident of the area, told BM that the newly constructed stormwater drain (SWD) is fully water-logged.

"There are no safety tapes, barricades near the working area making it extremely dangerous. Elderly people and kids are also living nearby, who are at higher risk. It is a 6 feet deep canal with no safety measures, putting peoples' lives at risk," he said.

Water collected inside the stormwater drain in Belathur

The residents say that due to waterlogging, the entire area has an unpleasant smell and it's difficult to cross through it. Their health is being affected on a daily basis.

"More than 200 families living near the newly constructed SWD are badly affected by the work. There is a strong stench and mosquitoes prevalent in our area," said Ananth Kumar, another resident of the area.

The construction has also affected the power supply in the area. The residents informed that school buses, ambulance or other emergency services have been cut off from the apartments.

"These officials are so insensitive and thick skin that they don't feel anything for the public. Our problems hardly impact them," said Buddha Reddy, another resident of the area.

"Tomorrow, one politician or leader will visit this area and everything will be fixed within 30 minutes. It is a shame to be living in such conditions," he added.

Meanwhile, when BM tried to reach out to the SWD department of BBMP they were unavailable for a comment on the situation.

BangaloreMirror
Dig mess: Upside down & inside out in Belathur
First it was the floods, now residents of apartment complexes in area have to deal with BBMP-made disaster – drain construction work that won't end

BM had reported on Dec 2 about the SWD construction work proving to be a pain point

Over 100 lake vigil cameras defunct

CONTINUED FROM PAGE 1

the annual maintenance of the CCTV cameras did repair those defunct CCTV cameras. However, this correspondent, who visited Bellandur Lake on Tuesday afternoon, found none of the CCTV cameras working.

"We have been complaining about defunct CCTV cameras since last October. Five of the 54 CCTV cameras were functioning till yesterday (Monday) but today those five CCTV cameras joined the list of defunct CCTV cameras," said a BBMP Marshal posted at Bellandur Lake.

The BBMP assigned a private firm in Hebbal for the maintenance of the CCTV cameras. The civic body has been paying Rs 4 lakh each for the maintenance of CCTV cameras at Bellandur and Varthur lakes.

Elangovan Kulandaivelu of Whitefield Rising told BM that the defunct CCTV cameras reflect the apathy of the authorities concerned towards the development of Bellandur Lake. "If the CCTV cameras remain defunct, what is the use of authorities spending money for the maintenance of the CCTV cameras?" asked Kulandaivelu.

Blank screen at control room

He said that it is the responsibility of the authorities concerned to keep an eye on the agency that maintains the CCTV cameras. "The authorities assigned for the rejuvenation of Bellandur and Varthur Lakes are not working as expected. They did not implement NGT appointed monitoring committee recommendations. The working of the STP is far from satisfaction," he said.

The BBMP had installed 50 CCTV cameras at Varthur Lake.

Jagadeesh Reddy of Varthur Rising blamed the BBMP and BDA engineers for not following the guidelines of the NGT-appointed monitoring committee. He said that he was fed up with the authorities' negligence and apathy towards Varthur Lake. "All the CCTV cameras installed around Varthur Lake have become defunct. Water quality is not up to the mark. The authorities' apathy and negligence towards NGT orders and directions are quite annoying and shocking," said Reddy.

When contacted, Dhanapathi, the contractor for the annual maintenance of the CCTV cameras said all the cables of the CCTV cameras were damaged due to the recent heavy rains. "We have decided to replace the damaged cables. The work to replace damaged cables with new ones is in progress. We will restore the CCTV cameras within a few days," said Dhanapathi.

Meanwhile, BBMP chief engineer (Mahadevapura zone) Lokesh said he would look into the matter. "I will ask my subordinates to enquire with the contractor for the annual maintenance of the CCTV cameras," he said.

HEALTH TIP: Sprouts, broccoli, cabbage and cauliflower protect against stomach ailments such as leaky gut and colitis

Eating lots of nuts could more than halve the risk of dying from breast cancer

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STAY WITH ME

Different types of therapy that help couples deal with conflicts

Conflicts between couples are common, because no two individuals have the same thought process and world views. As such, learning how to deal with conflict becomes important, and that's where couples' counselling comes in. Husain Minawala, founder of Beyond Thoughts, counsellor, Vastu consultant and sacred geometry expert, says, "A counsellor can help analyse the behavioural patterns of the partners and identify those which lead to conflict. Counselling helps couples come together to really focus on themselves."

Couples face various challenges and problems in their relationship. Husain opines that effectively communicating problems with the partner is the core of a healthy relationship. "Effective communication means better understanding between the couple. If there is lack of communication between the couple, the counsellor will then act as a mediator and facilitate healthy and effective communication. Through therapy, the couple can start improving communication by eliminating habits such as constantly interrupting the other or speaking too much and not letting the other partner respond. Couple counselling can help partners address and confront underlying issues," he adds.

Both partners need to be willing to undergo couple counselling if they are looking at addressing and confronting their problems. There are a wide range of approaches to couple therapy, and choosing the right one depends on the couple's goals for their relationship. Husain gives an introduction to the different forms of therapy to guide you.

Gottman Method

This therapy method attends to the impact of negativity in relationships. "Approaching your partner with a positive orientation can lead to greater stability and empathy during arguments and otherwise upsetting situations," says Husain. The Gottman Method can be used for partners who are facing challenges throughout all phases of the relationship, and can also be used with specific problems related to money, parenting, sex, and infidelity. It helps couples build tools for effectively working through conflict, proving effective for same-sex partnerships, couples of varying race, ethnicity, economic status, or religion.

Narrative Therapy

This method may be helpful for couples who feel like their relationship is failing due to both of their faults. "The practice of narrative therapy revolves around people describing their problems in narrative form and rewriting their stories. By doing this, the couple gains a new perspective on the situation. It allows you to explore the past to bring to light negativities that otherwise remain hidden. Over time, with the use of narrative therapy, both partners are able to understand themselves better and separately from their problems and recognise how the language of their stories shapes their life and identity," explains Husain.

Emotion Focused Therapy (EFT)

This therapy helps couples who are seeking to deepen intimacy and improve the quality of their interactions. Husain says, "Distress occurs when the fear of abandonment is triggered. EFT helps couples understand each other's attachment needs and insecurities, so they can learn to respond to each other in more empathic, emotionally connected ways." When couples learn to respond this way, they develop a more secure attachment. EFT can help couples understand their own emotional responses as well as the emotional responses of their partner. The goal of EFT is to help couples increase secure attachment and connection in their relationship.

Reflective Listening

"The most common complaint coming from couples is that their partners do not listen to them. This problem is solved when the other partner becomes a better listener in a way that is evident to the other person, using a technique called Reflective Listening," says Husain. This communication strategy involves two steps: seeking to understand what someone is saying, and repeating back to the speaker to confirm that the content has been understood correctly. Reflective listening tells your partner that you are really making an effort to understand what they are saying and genuinely interested in knowing what they have to say.

Imago Relationship Therapy

This therapy views a couple's problems as a result of unmet childhood needs and unhealed wounds that later become their sensitivities and cause conflicts or pain in relationships. "Imago concentrates on the connection between childhood experiences and adult relationships. The goal of the therapy is to bring these images into consciousness so that you can identify negative thoughts, feelings, and behaviours to help you understand the childhood experiences that impact how you behave towards your partner," shares Husain.

— Kalwyna Rathod, Femina

MIRRORLIGHTS

Exercise can lower signs of metabolic disease

A new study of twins indicates that consistent exercise can change not just waistlines but the very molecules in the human body that influence how genes behave.

The Washington State University study, published in the journal Scientific Reports, found that the more physically active siblings in identical twin pairs had lower signs of metabolic disease, measured by waist size and body mass index.

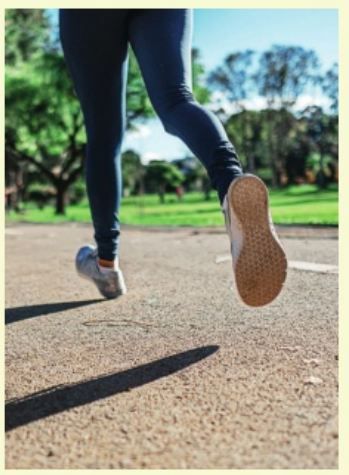
This also correlated with differences in their epigenomes, the molecular processes that are around DNA and independent of DNA sequence, but influence gene expression. The more active twins had epigenetic marks linked to lowered metabolic syndrome, a condition that can lead to heart disease, stroke and type 2 diabetes.

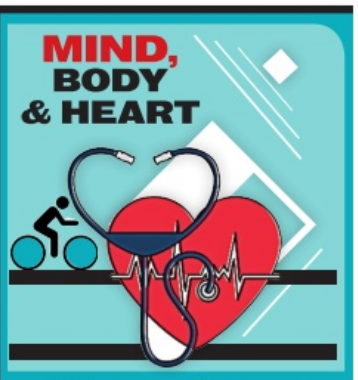
Since the identical twins have the same genetics, the study suggests that markers of metabolic disease are strongly influenced by how a person interacts with their environment as opposed to just their inherited genetics.

"The findings provide a molecular mechanism for the link between physical activity and metabolic disease," said Michael Skinner, WSU biologist and the study's corresponding author. "Physical exercise is known to reduce the susceptibility to obesity, but now it looks like exercise through epigenetics is affecting a lot of cell types, many of them involved in metabolic disease."

The researchers collected cheek swabs of 70 pairs of identical twins who also participated in an exercise study through the Washington State Twin Registry.

—ANI





All problems solved

Dear Coleen

My girlfriend and I are both 28, we live together and have a good network of friends who we see a lot. We've been together for three years and have always had a good relationship. I'd say she was more confident than I am and certainly had more relationship experience when we got together. We went out a couple of weekends ago with some of her old friends from uni, who I know well and get along with. We got high and were having a good time, and then my girlfriend suggested that us and another two couples took things into the bedroom. We've never done anything like that before and I was quite shocked, but also drunk, so I went along with it. My guess is, she has done this with her mates in the past.
I hated the experience and haven't been able to get the images out of my head. I think she's surprised by my reaction and is worried, but I don't know if I can continue the relationship.

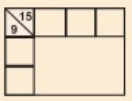
COLEEN SAYS

OK, wait a minute. You went along with it at the time, so I don't think you can blame your girlfriend for that – you could have said no.
However, you didn't enjoy it and you don't want to do it again, and that's OK. And I don't think you can just assume that your girlfriend has done this loads of times in the past. But people do experiment, especially when they're younger. Maybe she enjoyed it then and was intrigued to try it again.
You've realised it's not for you, so you have to be honest with your girlfriend about that and how it made you feel: insecure and jealous. If she wants to do this kind of thing again, then tell her you're not interested in that kind of relationship. ry to avoid a knee-jerk reaction of ending your relationship. What happened is fresh in your mind, so give it some time.

—Coleen Nolan, Daily Mirror

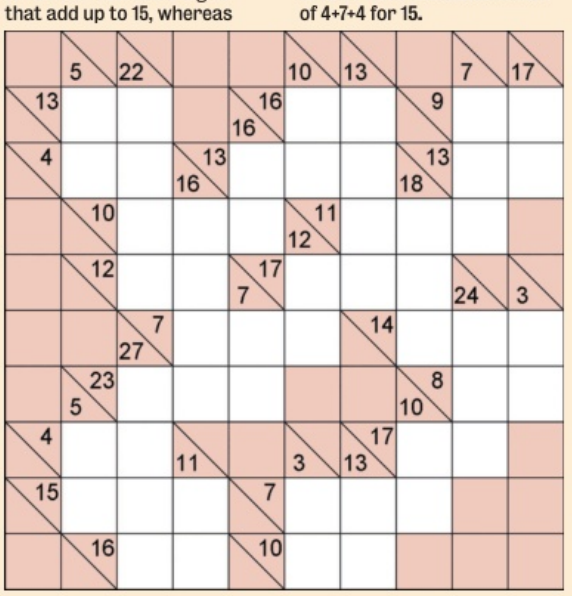
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

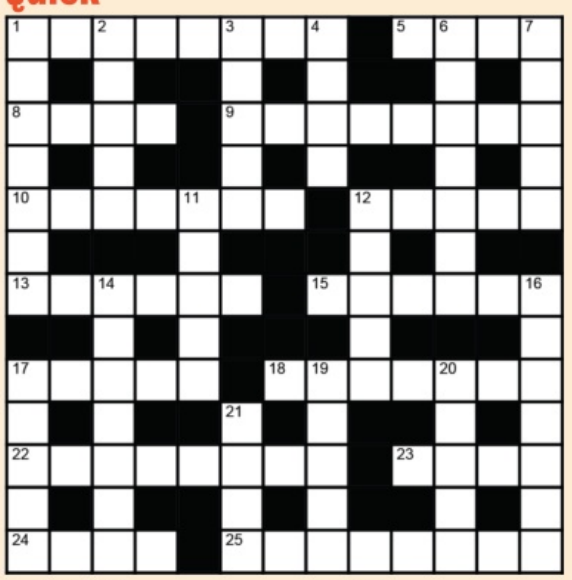


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

1 Young (8)
5 Fixed amount (4)
8 Suggestive (4)
9 Dealer in foreign goods (8)
10 Side by side (7)
12 Rot away (5)
13 Disposes of; completes; finishes (4,2)
15 Curry containing pork (6)
17 Parasites on a dog? (5)
18 Framework of a car or a vehicle (7)
22 Making (8)
23 Kicks the bucket? (4)
24 Excavations (4)
25 Young fowls (8)

DOWN

1 Spar supporting sail (4-3)
2 Open sore (5)
3 Two winged insects (5)
4 Walk with long strides (4)
6 Saw or observed (7)
7 Linger, be tardy (5)
11 Is touching or adjoining to (5)
12 Play (5)
14 Gift (7)
16 Speaks persuasively (7)
17 English football's knockout tournament (2,3)
19 Indian language (5)
20 Pigs (5)
21 Metallic element (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: T EQUALS G

FHOJKG MYGV FYO IJKKQ, QGO GWGKQOISFT SV HDDYPZXS-VIGM.

Linemaro

Somebody better call God, cuz heaven's missing an angel

Mindchow

Success is a lousy teacher. It seduces smart people into thinking they can't lose

Joke of the day

Giving up cigarettes is the easiest thing to do. I know because I have done it thousands of times

Loop

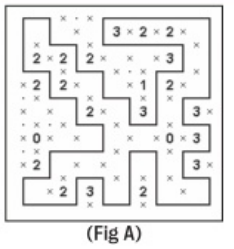
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

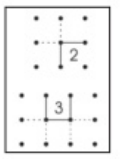
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

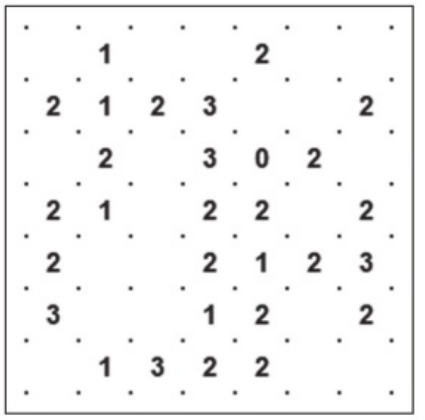
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



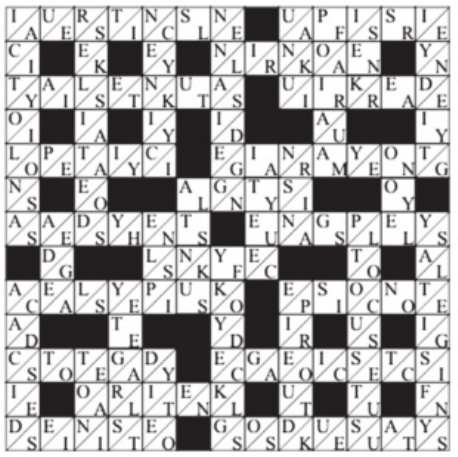
(Fig A)



(Fig B) Not Allowed



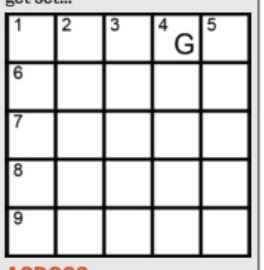
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

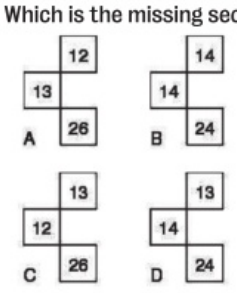
1 Nag SS; 6 Lorca;
7 Terry; 8 Value;
9 By III

DOWN

1 Curbs; 2 Eva in;
3 Later; 4 Largo;
5 Ly S Ly

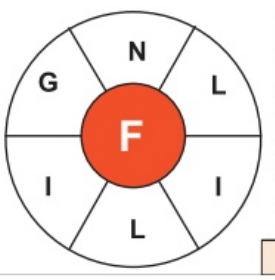
Mensapuzzle

Which is the missing section?



1	3	5	7
4	8	?	16
7	?	19	25
10	18	?	34

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

02 Average; 03 Good; 04 Outstanding

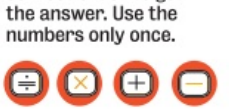
SudokuChallenge

4		7		6		1		2
	9		1	8	4		5	
3			8		2			9
	2						1	
9			6		1			3
	7		9	1	5		8	
5		4		2		7		6

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Easy = 14
2 3 4 9

Medium = 5
3 4 5 6

Hard = 3
2 4 7 2

Hocusfocus

Find at least six differences in details between panels.

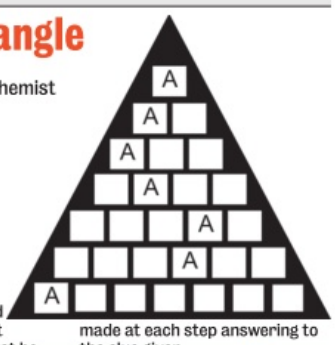
Differences: 1. Box is smaller. 2. Arm is longer. 3. Tie is longer. 4. Thumb is moved. 5. Man has more hair. 6. Cap is a different shape.

Riddler

In this teaser, you are to start with the word 'HALF', and then each time, change a letter to make a new word. You need to continue this process until you reach the word 'BACK'. You must do this in four (4) turns. HALF _____ _____ BACK

Alpha triangle

1 First letter
2 Astatine for the chemist
3 Fed
4 After the bell
5 Shoe grip
6 Find
7 Follower



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

DON'T JUMP IN THE CANOE, IDIOT! YOU COULD PUT A HOLE IN IT!
NOW GET OUT AND GET IN THE RIGHT WAY!
I CAN'T!... MY FEET ARE STUCK IN THE MUD!
9-21
Yates/Casson

Bizarrotrip

Diamond Lil

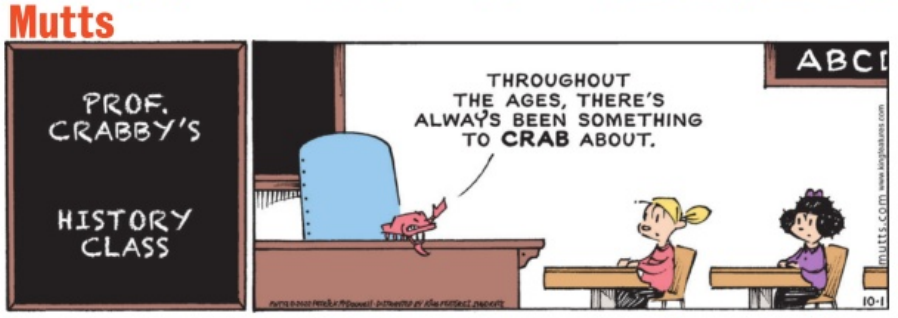
Hart of the city

WHEN AND WHERE WAS THE LAST TIME YOU SAW YOUR MICROPHONE?
I LEFT IT IN MY ROOM, AND WHEN I CAME BACK, IT WAS GONE.
I ASSUME YOU ALREADY LOOKED ALL OVER YOUR ROOM?
UNLIKE YOURS, MY ROOM IS IMMACULATE. THINGS DON'T GO MISSING IN MY ROOM.
SHE WAS BRUTAL, BUT ONCE AGAIN SHE WAS RIGHT.
HART OF THE CITY © 2022 JOSEPH MICHEL

Crankshaft

MASON PROBABLY WANTED TO BUY THE VALENTINE BECAUSE THE 'STARBUCK JONES' MOVIE PREMIERE WAS HELD HERE.
TRUE... THAT'S A REALLY BIG DEAL!
NOT TO MENTION, OF COURSE, THAT MASON AND CINDY WERE MARRIED HERE!
THAT'S A REALLY BIG DEAL TOO, SWEETIE!
BATIUK & DAVIS
8-26

Mutts



WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may be very happy. Your losses may convert to profits. Your seniors may be happy and will appreciate your work. You are likely to have some changes into your place, position, or responsibilities at work in terms of promotions. Your opponents and hidden enemies may be under control now. Singles and lovebirds may take important decisions in terms of marriage with the help of relatives or friends.

Taurus Apr 21 – May 20
Today you are blessed by the moon, which will make you happy. Last weeks' crunches are now over. With the help of elders, you may get reciprocation for your hard work. With the help of your subordinates, you may be able to re-initiate postponed works. There are some gains in your business which may boost your finances.

Gemini May 21 – Jun 21
Today you may feel dull. You may have some health issues too. You are advised to postpone making investments in business. It is also advised to not start a new venture at the moment. You are likely to face losses in business. Your gains may convert to losses.

Cancer Jun 22 – July 23
Today you are blessed by the moon. You may be able to take quick decisions on the professional front. You may expect to get new opportunities in terms of business. This may boost your confidence level. You are likely to start some new innovation with the help of your partner, which may boost your business in the near future.

Leo Jul 24 – Aug 23
Today you are blessed by the moon and may perform well at work. You may expect some promotions or transfers in terms of gains. You may also plan to change your current job. Your relationship with your boss may be improved now. Chronic health issues will be resolved as well. This will make your family happy.

Virgo Aug 24 – Sep 23
Today you are blessed by the moon. This may give you confidence. You may be able to take important decisions confidently. You are decisive today, so may grab any opportunity without a second thought. You are likely to spend money on family and friends. Lovebirds may enjoy happy moments. Job aspirants are likely to get a suitable job with the help of friends.

Libra Sep 24 – Oct 22
Today you may feel dull. You may not enjoy your day. You may be a victim of arrogance. It may affect both your professional and domestic life. You may internally feel a lack of confidence, which may stop you from doing something creative at work.

Scorpio Oct 23 – Nov 22
Today you are advised to control your straightforwardness. Your loose talk may impact people around you negatively. You may spend your hard-earned money on buying some worthless things. Your mind is likely to work very fast, so it is advised to take any important decision with patience.

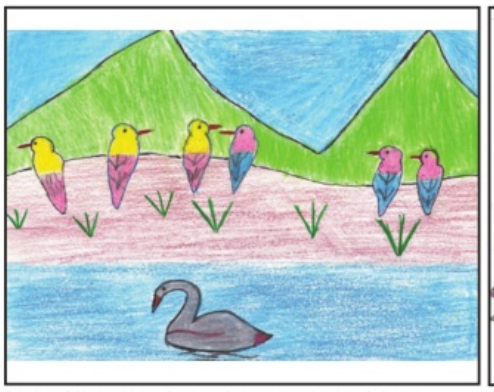
Sagittarius Nov 23 – Dec 22
Today you may take quick decisions, which may bring benefits to your day-to-day life. You may take some difficult decisions with the help of your colleagues. You are likely to get success easily. Property related disputes between siblings are likely to be resolved. You may also expect some short trips coming up.

Capricorn Dec 23 – Jan 20
Today you advised to control your blunt nature as it can brush people off the wrong way and lead to negative consequences for you. You may spend your hard-earned money on buying some worthless things. Your mind is likely to work very fast. Remember that instant-gratification does not help in the future.

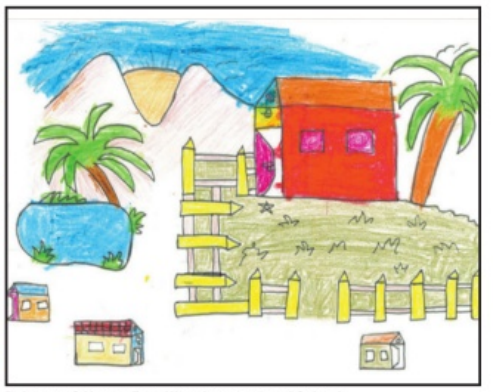
Aquarius Jan 21 – Feb 19
Today you may not feel better. Old health issues may arise and can make you upset. You may take some wrong decisions due to impatience and hurry. It is advised to think twice before making any decision. It is advised to not keep money loose, otherwise you may spend it on buying worthless items.

Pisces Feb 20 – Mar 20
Today there may be peace in your mind. You may plan to invest some capital in business, which may increase your liquidity. Your earnings may boost your financial health. You may enjoy romantic moments with your spouse, which may enhance harmony in the family life. Singles are likely to find a suitable match. Lovebirds may take decisions to get married. Students will be blessed.

KIDZONE



Athulya, 9 Years, Vidya Sankaar International Public School



Balaram, S Years, East West International School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
√(54% + √(3%+√(25/100)))
√(54% + √(3%+ 5/10))
√(54% + √(31/100 + 5/10))
√(54% + √(31/100 + 50/100))
√(54% + √(81/100))
√(54% + 9/10)
√(54/100 + 90/100)
√(144/100)
12/10 = 120/100
120%

RIDDLER
HALF, HALE, BALE, BALK, BACK

FAST FIVE

B	I	L	L
U	V	E	A
R	E	T	R
C	A	R	O
S	N	A	G

STRIKE OUT

D	E	N	S	E		S	O	D	U	S	T	Y		
E		O	R	I	E	L		U		T		F		
S	T	E	A	D		E	G	O	I	S	T	S		
A		E		D		R		U		I		W		
C	A	L	Y	P	S	O		P	I	C	O	T		
A		E		R		S		Z		I		W		
C	A	S	H	A	S	S	I	S		C	H	A	S	E
S	A	S	H	E	S		E	A	G	L	E	S		
N		E		A	N	T	I			Y				
O	P	T	I	C		G	A	R	M	E	N	T		
T	A		I			I		U		I				
T	A	L	E	N	T	S		I	R	K	E	D		
C		E		Y		N	I	N	O	N		N		
A	U	R	I	C	L	E		A	F	I	R	E		

QUICK

P	I	T	S			C	H	I	C	K	E	N	S	
U		N				N		D				N		
C	R	E	A	T	I	O	N		D	I	E	S		
F	L	E	A	S		C	H	A	S	S	I	S		
M	O	P	S	U	P		P	A	N	D	H	I		
A	B	R	E	A	S	T		D	E	C	A	Y		
R			B			R		E						
D			E			E				I		R		
R	A	C	Y		I	M	P	O	R	T	E	R		
A		L		O		O				A				
Y	O	U	T	H	F	U	L		U	N	I	T		

SUDOKU

4	8	7	5	6	9	1	3	2
2	9	3	1	8	4	6	5	7
1	6	5	2	3	7	9	4	8
3	5	1	8	7	2	4	6	9
7	2	6	4	9	3	8	1	5
9	4	8	6	5	1	2	7	3
8	3	9	7	4	6	5	2	1
6	7	2	9	1	5	3	8	4
5	1	4	3	2	8	7	9	6

MENSA PUZZLE
A: lines across progress +2, +4, +6, + 8 in turn. Columns down progress +3, +5, +7, +9 in turn

QUOTE UNCODE
Nature does not hurry, yet everything is accomplished.

BULL'S EYE
filling, fill, FILLING, filing

ALPHA TRIANGLE
A, At, Ate, Late, Cleat, Locate, Acolyte.

LOOP

GO FIGURE
Easy
2 × 4 − 3 + 9 = 14
Medium
6 + 5 + 4 / 3 = 5
Hard
7 − 4 + 2 − 2 = 3

KAKURO

					16	7	9	17
			16	10	1	9		
		16	9	7	9	1	8	4
15	22	9	1	3	4	9		
4	1	3	11	3	9	8		
5	8	9	6	10	8	7	1	
27	7	2	1	4	16	3	9	2
12	8	4	17	8	2	7	24	3
10	2	1	7	11	1	8	2	
4	1	3	13	9	7	16		
	4	9	2	7	2	4	1	
		7	9	10	1	9		

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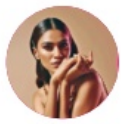

Going international Actor and former Miss India Apeksha Porwal will be next seen starring in the international English-Arabic show 'Slave Market'. The actress has been busy shooting for it in Egypt

SANDALWOOD SHOTS
Y MAHESWARA REDDY

Kabir Bedi in town

Veteran Bollywood actor Kabir Bedi is playing a key role in Kari Haida Kari Ajja. Bedi was in Bengaluru on Monday to participate in a promotional programme for the film. The movie is about Koragajja who is considered an avatar of Lord Shiva and is worshipped in the coastal areas in Karnataka.

"I am very happy to have an opportunity to act in this movie. I play a king in the film, which gave me a chance to share screen space with actors Shruthi, Bhavya, and Bharath Surya. A visit to Bengaluru makes me feel nostalgic about my visits to Nrityagram and friendship with veteran actor Girish Karnad," said Kabir Bedi.

Kari Haida Kari Ajja is being made under Daththi Creations and Success Films banner. Sudheer Attavar is the director of this mythological movie. A major portion of the movie's shoot has been completed in and around Belthangady in Dakshina Kannada.

On the occasion, Attavar said producer Trivikram Sapalya's family had a desire to make a movie on Koragajja. "Sapalya agreed to bankroll this movie because of its script. We are making an attempt to tell many things about Koragajja that are not known to people. Koragajja belongs to the 12th Century. Bharath Surya plays Koragajja in the film," said Attavar, who is also art director of the film.

Cop, once again

Veteran actor Sai Kumar also known as Dialogue King in Sandalwood will play a cop in the movie Rakshasaru that will be released in five languages, including Kannada on December 16. "I have been an actor for 50 years now. I earned name with the movie Police Story that was released 25 years ago. I have to remember my parents on this occasion. I had earlier acted in Kannada movie Hettavaru, which had Ajay Kumar as the script and screenplay writer. Now, I am acting again in a movie with a script by Ajay Kumar. I play a police officer in this movie," said Sai Kumar.

The teaser of Raakshasaru was released at SRV Theater on Saturday in the city. Rajtah is the director and Ramesh Kashyap has bankrolled this movie under Garudadri Cinemas banner.

Ajay Kumar said he has been writing sentiment-oriented scripts all these years. "It is for the first time I wrote a script and screenplay for an action crime thriller movie. The script is based on incidents in Bengaluru," Kumar said. Kashyap said that he has decided to dedicate this movie to the police department.

Big-ticket show

Anbu Arivu of KGF fame to design action sequence for Tiger-Sara starrer

Film producer Jackky Bhagnani is currently collaborating with Tiger Shroff and Sara Ali Khan for the next action entertainer 'Eagle'. Directed by Jagan Shakti, the film is touted to be a big budget film. Having said that, the makers have roped in action director duo Anbu-Arivu of KGF fame to helm the fight sequences.

According to a report in Pinkvilla, Tiger has already begun prepping for the film and has taken off from Mumbai to begin shooting for Eagle. The film went on floors on Tuesday, with the shoot of the action-packed sequences, designed by KGF fame, Anbu Arivu.

Reportedly, Tiger and Eagle team are keen on exploring a different form of action in this film, since the actor has already delivered larger-than-life action pieces in multiple films to cement his position as an action star. Hence, Anbu Arivu have created one of a kind spectacular set pieces for Eagle.

Speaking of Anbu Arivu, the duo have worked in big-budget projects like the Kamal Haasan starrer Vikram, Mahesh Babu's next with Trivikram, the Shankar-directed RC 15 with Ram Charan, the Prashanth Neel directorial, Salaar. Jackky, Jagan, and the entire team were keen on bringing them on board, as they wish to design and deliver a unique larger-than-life experience in this action thriller.

Sara Ali Khan will soon be joining Tiger on the first schedule. Both of them together will be seen performing some larger-than-life stunts in this action entertainer, set against the backdrop of science fiction. They are yet to lock in the negative lead of the film. Reportedly, the script also requires another female lead, and the makers are in hunt for the same.

— ETimes

'Raised on the sets, learnt from father'

Irrfan Khan's son Babil Khan made his big Bollywood debut with Anvita Dutt Guptan's 'Qala' which was recently released on an OTT platform. The film has been receiving positive reviews from the audience and the critics alike.

In an interview with a news portal, Babil recalled working with his late father. The young actor revealed that he was raised on a film set. Babil also remembered visiting Irrfan on the sets of 'Thank You' and 'Talwar'. In fact, on the sets of 'Qarib Qarib Singlle, he was a camera intern.

Elaborating further, Babil said that he watched his father closely. According to him, your mind grasps experiences and plays in a subconscious state. The actor added that he did not sit down and analyse him. He just learnt by watching him.

— ETimes

Most wanted star

Sushmita Sen is one of the most talented and loved Bollywood actors we have in the industry. The actress recently became the only Bollywood actress to make it to the Top Most Searched Personality list.

According to reports, the Bollywood actress features on the fifth position on the list. Given the fact that Lalit Modi is on the fourth position on the list, it is obvious that their alleged love affair made them an ardent topic of search.

Sushmita and Lalit were all over the news after the latter made their relationship official by sharing their mushy pictures together on Instagram. While Sushmita maintained a stoic silence on this for some time, she broke her silence when she was accused of being a gold digger. In a post, she wrote that she was 'perfectly centred' in her being and that she digs "deeper than Gold". "I've always (famously) preferred Diamonds! And yes I still buy them myself," she wrote. Sushmita will next be seen in 'Taali' where she will be essaying the role of a transgender and activist Gauri Sawant. The actress also has Ram Madhvani's 'Aarya 3' in her kitty.

— ETimes